SOGS AND NODS SCORING INTERPRETATION

SOGS Interpretation

The standard SOGS scoring cut-offs have been evaluated in clinical practices and population prevalence studies. These cut-off scores are particularly sensitive to detecting gambling problems in many settings (e.g., general population, alcohol and drug treatment settings, criminal justice settings, etc.) However, there may be some individuals who score 5 or more on the SOGS but in reality do not have an actual gambling problem. Also, an individual may score lower than 5 but actually be gambling in a problematic or harmful way. Therefore, in addition to the cut-off scores, please use your clinical judgment to help determine which participants receive a recommendation for further evaluation.

Total Score = 0-2  Screening results are not consistent with problematic levels of gambling

Total Score = 3-4  Screening results are consistent with moderate but subclinical degree of gambling problems

Total Score = 5 or above  Screening results are consistent with a likely diagnosis of pathological gambling

NODS Scoring Interpretation

Total Score = 0  Screening results are not consistent with problematic levels of gambling

Total Score = 1-2  Screening results are consistent with mild but subclinical risk for gambling problems

Total Score = 3-4  Screening results are consistent with moderate but subclinical degree of gambling problems

Total Score = 5 or above  Screening results are consistent with a likely diagnosis of pathological gambling

There are no official diagnostic criteria for “abusive” or problematic levels of gambling. However, clinically scores of 3 or 4 on SOGS and NODS have been viewed as suggestive of some problematic level of gambling. Therefore in addition to the absolute cut-off score and consideration of potential for false positives and false negatives, please use your clinical judgment to help determine which participants receive a recommendation for further evaluation.